

# ***Design of a Clinical Trial to Compare Smoking Cessation Rates with Camel SNUS and a Nicotine Lozenge***

**Paul R Nelson and Peter Chen**  
**R.J. Reynolds Tobacco Company**

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# Presentation Outline

- Study Design
  - Objectives
  - Conduct
  - Subject Characteristics
- Study Results
  - Covered in Second Presentation



# ***Study Design***

# Study Objectives:

Develop clinical data to address the following questions:

- Will smokers use SNUS to stop smoking?
- Does risk communication facilitate cessation?
- Does product use reduce smoke exposure for dual users?



# Study Overview

- Followed recommended standard cessation study design.
- Conducted at six clinical sites in accordance with Good Clinical Practices (GCP)
  - International Conference on Harmonization (ICH)
  - Applicable parts of 25 CFR parts 11, 50, 56, and 312



# Cessation Criteria

R1-R4 are specified by the protocol and are commonly used criteria for assessing cessation.

- R1 – Continuous smoking abstinence (narrow)
- R2 – Continuous smoking abstinence (broad)
- R3 – Prolonged smoking abstinence
- R4 – Repeated point prevalence smoking



# Cessation Criteria

R1-R4 are specified by the protocol and are commonly used criteria for assessing cessation.

- R1 – Continuous smoking abstinence (narrow)
  - The subject has not smoked following the quit date (day after Visit 1)
- R2 – Continuous smoking abstinence (broad)
- R3 – Prolonged smoking abstinence
- R4 – Repeated point prevalence smoking abstinence



# Cessation Criteria

R1-R4 are specified by the protocol and are commonly used criteria for assessing cessation.

- R1 – Continuous smoking abstinence (narrow)
- R2 – Continuous smoking abstinence (broad)
  - The subject has no periods of two-consecutive weeks following the quit date during which the subject has smoked
- R3 – Prolonged smoking abstinence
- R4 – Repeated point prevalence smoking abstinence





# Cessation Criteria

R1-R4 are specified by the protocol and are commonly used criteria for assessing cessation.

- R1 – Continuous smoking abstinence (narrow)
- R2 – Continuous smoking abstinence (broad)
- R3 – Prolonged smoking abstinence
  - There are no periods of two-consecutive weeks following a two week grace period from the quit date during which the subject has smoked
- R4 – Repeated point prevalence smoking abstinence



# Cessation Criteria

R1-R4 are specified by the protocol and are commonly used criteria for assessing cessation.

- R1 – Continuous smoking abstinence (narrow)
- R2 – Continuous smoking abstinence (broad)
- R3 – Prolonged smoking abstinence
- R4 – Repeated point prevalence smoking abstinence
  - The subject has not smoked within the past seven days following a two-week grace period from the quit date



# Study Overview

- Followed recommended standard cessation study design.
- Conducted at six clinical sites in accordance with Good Clinical Practices (GCP)
- Included three study cohorts
  - Camel SNUS *with* smokeless risk reduction information
  - Camel SNUS *without* smokeless risk reduction information
  - Nicotine Replacement Therapy (NRT) (4 mg lozenge)



# Study Products

- **SNUS**
  - Frost (600 mg pouch)
  - Mellow (600 mg pouch)
- **Nicorette<sup>®</sup> Lozenge**
  - Mint (4 mg nicotine)
  - Original (4 mg nicotine)



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  - Nicotine Replacement Therapy (NRT) (4 mg lozenge)
- Enrolled ~200 subjects / cohort



# Study Powering

- Summary: Study was powered to determine whether SNUS was ~twice as effective as NRT at expected NRT cessation rates
- Detail:
  - Small scale study (n=63) by Tilashalski *et al.* suggests that smokeless tobacco is highly successful as a cessation aid
  - Based upon the powering calculation, with 200 subjects per cohort there is a 80% chance at  $\alpha=0.05$  of seeing a difference between NRT at a cessation rate of 6%, and SNUS at a 15% cessation rate (0.389 odds ratio) (The NRT rate is consistent with the literature and the SNUS rate is lower than observed for smokeless tobacco in the Tilashalski *et al.* study)



# Inclusion Criteria (summarized)

## Inclusion:

- Male or female between 21 and 65 years of age
- Generally healthy
- Self-report smoking  $\geq 10$  cigarettes per day for at least the past year
- ECO level  $\geq 8$  parts per million (ppm) at Screening and at Visit 1
- Willing to quit smoking with the aid of Camel SNUS or Nicorette<sup>®</sup> Lozenge
- Agree not to use drugs of abuse over the course of the study
- Able to read, understand, and complete questionnaires in English
- Able to comprehend and willing to sign an informed consent form



# Exclusion Criteria (summarized)

## Exclusion:

- Use of prohibited medication including:
  - NRT
  - Prescription or herbal cessation products
  - Medical marijuana
- Recent use of smokeless tobacco products
- Recent participation in a cessation study
- Health related exclusions (multiple criteria)
- Positive test for drugs / alcohol
- Bias-related restrictions
- Deemed by the Investigator to be inappropriate for this study





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  - Camel SNUS *with* smokeless risk reduction information
  - Camel SNUS *without* smokeless risk reduction information
  - Nicotine Replacement Therapy (NRT) (4 mg lozenge)
- Enrolled ~200 subjects / cohort
- Provided study product for 12 weeks.
- Followed-up (biomarker, questionnaires) at 3, 6, 9, and 12 months.



# Study Endpoints

## Safety

- Screening
  - Medical History
  - Brief Physical Exam
  - Oral Assessment
  - Height, Weight, Vital Signs
  - Electrocardiogram
  - Drug, Pregnancy, Alcohol Screen
  - HbA1C
  - Chemistry, Hematology, Urinalysis, Serology
- All visits
  - Adverse Event Assessment
  - Concomitant Medication Review
  - Vital Signs
- 6-Month Visit
  - Oral Assessment
  - Height, Weight
- 12-Month Visit
  - Height, Weight



# Study Endpoints

## Questionnaire

- Cessation Criteria
- Produce Usage
- Fagerström Test of Nicotine Dependence
- Minnesota Nicotine Withdrawal Scale
- Brief Questionnaire of Smoking Urges

## Biomarkers

- Exhaled CO
- Nicotine
- Cotinine
- Thiocyanate



# Biomarker Confirmation of Cessation Status

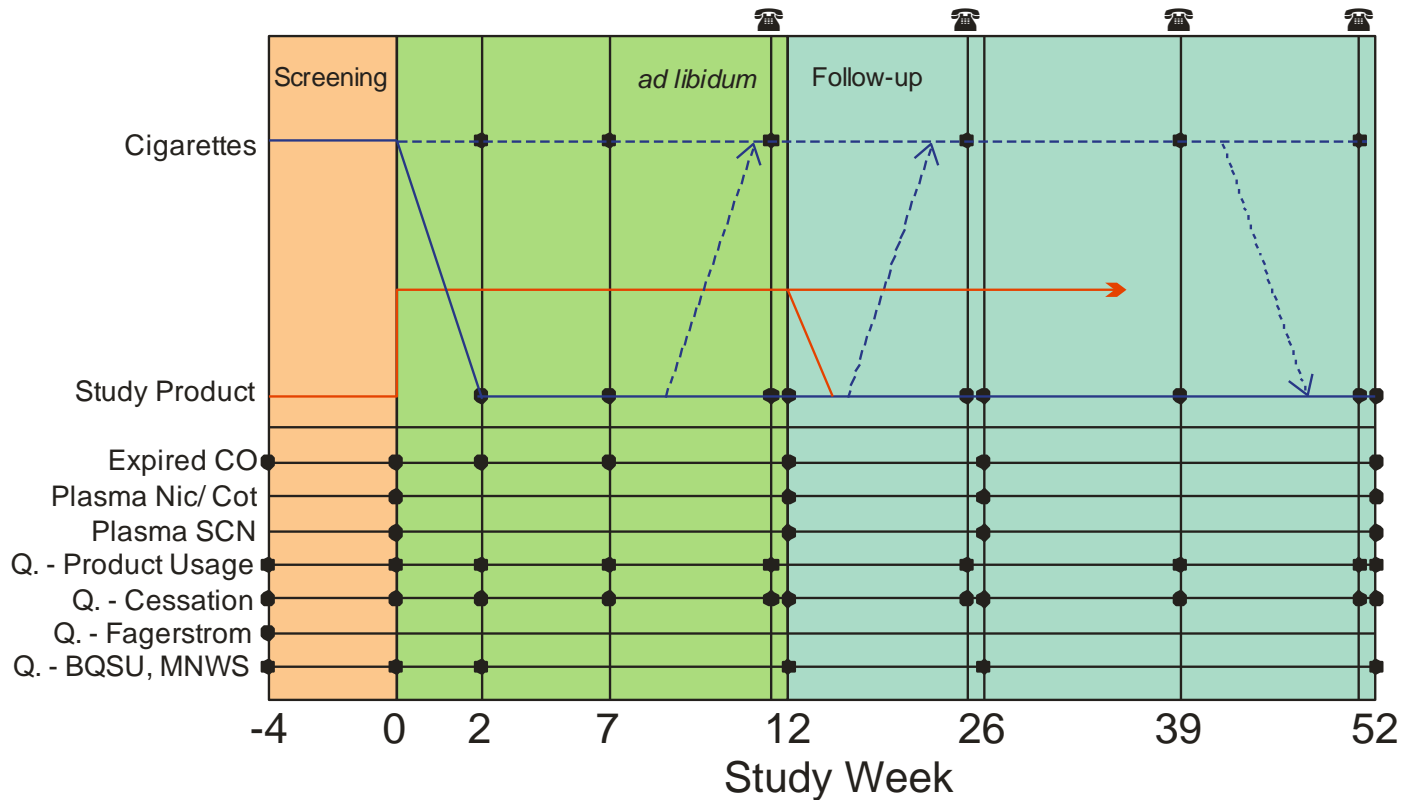
Per published recommendations, cessation status was confirmed at the Month 3, 6, and 12 visits by:

- Exhaled CO < 8 ppm
  - Measured at clinical site
  - Subject dismissed from study if failed Exhaled CO measure
- Plasma Cotinine < 15 ng/ml (if *not* reporting SNUS or Nicorette<sup>®</sup> use)
  - Sample drawn at clinical site
  - Subject was considered a treatment failure in analysis as of collection date
  - This analysis was applied at the end of the study, so the subject may have continued through additional visits



# Study Design

Summary of study endpoints measured at each visit. Quitters followed Study Product visits, non-quitters followed Cigarettes procedures.





# ***Subject Characteristics***

# Subject Demographics

Demographics were similar among cohorts.

	Cohort 1	Cohort 2	Cohort 3
Age (std. dev)	41.5 (12.0)	43.3 (11.6)	41.4 (12.0)
Sex			
Male	109	112	110
Female	109	106	103
Ethnicity			
Hispanic	6.4%	6.9%	6.6%
Non-Hispanic	93.6%	93.1%	93.4%

Cohort 1 = SNUS w/ smokeless risk information

Cohort 2 = SNUS w/o smokeless risk information

Cohort 3 = Nicorette® Lozenge



# Subject Demographics

Demographics were similar among cohorts.

	Cohort 1	Cohort 2	Cohort 3
Race			
White	73.4%	73.9%	72.8%
Black or African American	24.3%	24.8%	23.9%
Asian	1.4%	1.8%	1.9%
Native Hawaiian or other Pacific Islander	0.0%	0.5%	0.9%
American Indian or Alaska Native	3.2%	0.9%	0.9%

Cohort 1 = SNUS w/ smokeless risk information

Cohort 2 = SNUS w/o smokeless risk information

Cohort 3 = Nicorette® Lozenge





# Subject Characteristics

Characteristics were similar among cohorts.

	Cohort 1	Cohort 2	Cohort 3
Height (cm) (Std. Dev.)	171.4 (9.7)	170.9 (9.0)	171.4 (9.9)
Weight (kg) (Std. Dev.)	83.2 (19.4)	82.5 (18.0)	83.5 (19.2)
Body Mass Index (kg/m <sup>2</sup> ) (Std. Dev.)	28.2 (5.4)	28.2 (5.4)	28.2 (5.2)
FTND Score (Std. Dev.)	5.7 (1.9)	5.9 (2.0)	5.8 (2.0)



# Subject Characteristics

Characteristics were similar among cohorts.

Education	Cohort 1	Cohort 2	Cohort 3
Grade School (grades 1-8)	0.0%	0.9%	0.9%
High School (grades 9-11)	10.6%	10.1%	8.9%
High School Graduate	27.5%	26.6%	33.8%
Technical School	6.9%	6.0%	4.7%
Some College	33.5%	35.3%	34.3%
College Graduate	16.5%	17.4%	14.6%
Graduate School	5.0%	3.7%	2.8%



# Subject Characteristics

Characteristics were similar among cohorts.

Household Income	Cohort 1	Cohort 2	Cohort 3
< \$20,000	36.2%	39.9%	44.1%
\$20,000 - \$39,999	30.3%	27.1%	27.7%
\$40,000 - \$59,999	12.4%	10.6%	12.7%
\$60,000 - \$79,999	5.5%	7.3%	2.8%
\$80,000 - \$99,999	2.8%	3.2%	1.4%
\$100,000 - \$119,999	0.9%	2.3%	1.4%
> \$120,000	0.0%	1.8%	0.5%



# Summary

- Study was conducted in accordance with GCP
- Primary focus of study was cessation
- Secondary focus included product use
- Cohorts had similar demographics and characteristics

