A SCIENCE AND EVIDENCE BASED NICOTINE TOBACCO PRODUCT STANDARD

Donna Smith Senior Principal Scientist Regulatory Sciences

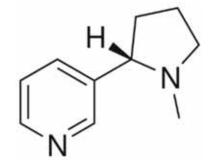


U.S. FOOD & DRUG ADMINISTRATION Um of risk

FDA's 2017 Policy Shift

- Endorsement of harm reduction and the continuum of risk
- Policy: encourage cigarette smokers to switch to less risky products
- Drastically reduce nicotine to minimal levels to force the migration of cigarette smokers and reduce initiation







FDA Published ANPRM on Nicotine Content

cose-3

"FDA is particularly interested in comments about the merits of nicotine levels like 0.3, 0.4 and 0.5 mg nicotine/g of tobacco filler, as well as other levels of nicotine."

Source: Fed. Reg. Vol 83, No. 52/11820





ANPRM Nicotine Content Focus

"A 2013 survey paper noted that researchers initially estimated that reducing the total nicotine content of cigarettes to 0.5 milligrams (mg) per rod would minimize addictiveness and that a 'more recent analysis suggests that the maximum allowable nicotine content per cigarette that minimizes ... addiction may be lower."

Source: Fed. Reg. Vol 83, No. 52/11819

"We specifically request comment regarding this paper's conclusions..."

Source: Fed. Reg. Vol 83, No. 52/11819



Reducing the nicotine content to make cigarettes less addictive Ned Library," Jak 8 Herosylets.



The More Recent Analysis

HHS Public Access

Nicotine Reduction Revisited: Science and Future Directions

Dorothy K. Hatsukami¹, Kenneth A. Perkins², Mark G. LeSage³, David L. Ashley⁴, Jack E. ingfield⁶, Neal L. Benowitz⁶, Cathy Backinger⁷, and Mitch Zeller University of Minnesota, Minneapolis, Minnesota, USA

- Minneapolis Medical Research Toundation, Minneapolis, Minnesota, USA
- Centers for Disease Control and Prevention, Atlanta, Georgia, USA
- University of California, San Francisco, California, USA.
- 7 National Cancer Institute, Rockville, Maryland, USA
- I Pinney Associates, Bethesda, Maryland, USA

Regulation of aircrine levels in circumtes and other tobarco modern is now possible with the persogn of the Family Smoking Prevention and Tobacco Council Act (PSPTCA) in 2009 giving the U.S. Food and Drug Administration authority to regulate tobacco products, and with Article 9-11 of the World Health Organization Framework Convention on Tobacco Courtel [1-2] Both regulatory approaches allow establishing product standards for tobacco constituents, including nicetine. The FSPTCA does not allow accetate hereis to be decreased to zero, abloragh FDA has the authority to reduce nicotine yields to very low, presumably non-addicting levels. The propto reduce levels of accordants as a level that is non-addicting was originally suggested in 1994 (3) Reduction of nicotine in telesco products could potentially have a profound impact on reducing checco-celeted morbidity and mortality. To examine this issue, two meetings were convened in the United States with non-tohecoo-industry scientists of varied disciplines, tohecoo-control olicy-makers and representatives of government apencies. This article provides an overview of the current science in the area of reduced nicotine content cigarettes and key conclusions and

- The paper makes no attempt to identify a nicotine threshold of addiction.
- Expressed optimism that a threshold level "will eventually be identified."
- Recognized that "developing practical, scientifically supported recommendations about nicotine levels in tobacco products involves filling gaps in knowledge in diverse areas..."



Where Did 0.3, 0.4, or 0.5 Originate?

University of California, San Francisco San Francisco, CA 94110

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adec of th dum NEAL L. BENOWITZ, M.D.

National Institute on Drug Abuse Baltimore, MD 21224

Jack E. Henningfield, Ph.D.



IN NEW ENGLAND

ESTABLISHING A NICOTINE THRESHOLD FOR ADDICTION

most smokers is well established.⁴ Once a person is addicted to nicotine, quitting smoking is difficult, and more than 90 percent of the smokers who try to quit

"an absolute limit of 0.4 to 0.5 mg of nicotine per cigarette should be adequate to prevent or limit the development of addiction in most young people"

cigarette should be conceived not as a product but as a package. The product is nicotine. . . . Smoke is beyond question the most optimized vehicle of nicotine and the cigarette the most optimized dispenses of

INTAKE ASSOCIATED WITH ADDICTION?

We define addiction according to the Surgeon Gen-



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Where Did 0.3, 0.4, or 0.5 Originate?

- Based analysis on work by Shiffman 1989 & 1990
- Assumed "chippers" are not addicted thus implicitly assumed a threshold of addiction
- Normalized biomarkers of exposure of chippers (5 mg nicotine/day) to a daily measurement for daily cigarette smokers
- Assumed 30 cigarettes per day
- Assumed 40% "bioavailability" (yield)

$$\frac{5 \ mg \ nicotine}{day} \ X \ \frac{day}{30 \ cigarettes} \div 40\% \ yield = \frac{0.42 \ mg \ nicotine}{cigarette}$$

$$\frac{0.42 \ mg \ nicotine}{cigarette} \ X \ \frac{1 \ cigarette}{0.7 \ g \ tobacco} = \ \frac{0.6 \ mg \ nicotine}{g \ tobacco}$$



A More Realistic Calculation

- Accept the chipper hypothesis at face value
- 14.1 cigarettes per day on average (MMWR, 2016)
- 20% nicotine yield HCI (Ding et al., 2017)

$$\frac{5 \ mg \ nicotine}{day} \ X \ \frac{day}{14.1 \ cigarettes} \div 20\% \ yield = \frac{1.78 \ mg \ nicotine}{cigarette}$$

$$\frac{1.78 \ mg \ nicotine}{cigarette} \ X \ \frac{1 \ cigarette}{0.7 \ g \ tobacco} = \frac{2.5 \ mg \ nicotine}{g \ tobacco}$$



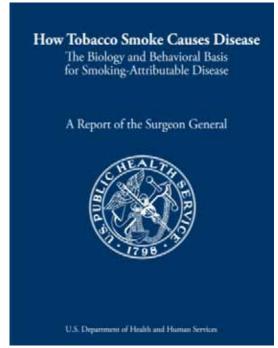
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There Are No Consensus Criteria for Diagnosing Nicotine Addiction

- Surgeon General (2010)
 - "The crux of understanding the pathophysiology of tobacco addiction and its measurement ... continues to evolve, and significant gaps in research are evident."
 - "There is no established consensus on criteria for diagnosing nicotine addiction"

Source: Centers for Disease Control & Prevention, How Tobacco Smoke Causes Disease: The Biology and Behavioral Basis for Smoking-Attributable Disease: A Report of the Surgeon General (2010)





ANPRM Treats Donny et al. as the Pivotal Study on VLNC Cigarettes

- Authors' Conclusions:
 - "In this 6-week study, participants assigned to cigarettes with 2.4 mg of nicotine or less per gram smoked 23 30% fewer cigarettes per day at week 6 than did participants assigned to cigarettes with 15.8 mg per gram."
 - "The cigarettes with the lowest nicotine content (0.4 mg per gram) reduced dependence according to both measures used in this study."

Randomized Trial of Reduced-Nicotine Standards for Cigarettes

Ent C Down, P. D., Eachel I, Desloper, S. S., Jerniel W, Tolq, Ph. D., Joseph S, Sourced, M. S., David J, Desloper, S. S., Serviel W, Tolq, Ph. D., Joseph S, Sourced, M. S., David J, Desloper, S. S., Serviel W, Tolq, Ph. D., Joseph S, Sourced, M. S., David J, Desloper, D. S., Saylow S, Biold, R. D., Joseph M, S., David J, Desloper, D. D., Sourced, M. S., David J, Desloper, D. D., Sourced, M. S., David J, Desloper, D. D., Joseph M, S., David J, Desloper, D. D.

THE WEST SPECIAL PROPERTY OF MEDICINE



How the ANPRM cites Donny et al. (2015)

- "During the sixth week of the study, the average number of cigarettes smoked per day was lower for participants randomly assigned to cigarettes containing 2.4, 1.3 or 0.4 mg of nicotine per gram of tobacco ... than for those assigned to their usual cigarette brand or those cigarettes containing 5.2 or 15.8 mg/gram ..."
- "Those participants using cigarettes with the lowest nicotine content (0.4 mg per gram nicotine/gram of tobacco filler), demonstrated reduced dependence, and use of reduced nicotine cigarettes, including the VLNC cigarettes, with minimal evidence of withdrawal-related discomfort or safety concerns."



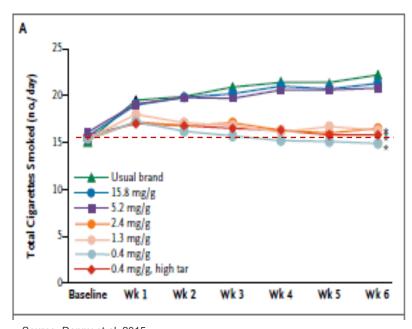
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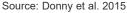
Important Caveats

- One primary outcome Cigarettes per Day at week 6
- According to protocol, study is sufficiently powered to detect differences in cotinine, FTND and withdrawal – based on results from Hatsukami 2010
- All comparisons made in relation to test cigarettes NOT participants' own brand (except CPD).
- QSU was administered in relation to the research cigarettes instead of the participants' own brand (e.g., craving for <u>test</u> cigarette).
- Nardone (2016) reported a 78% incidence of noncompliance



There Are No Differences Between Any Nicotine Content Groups and Baseline in CPD

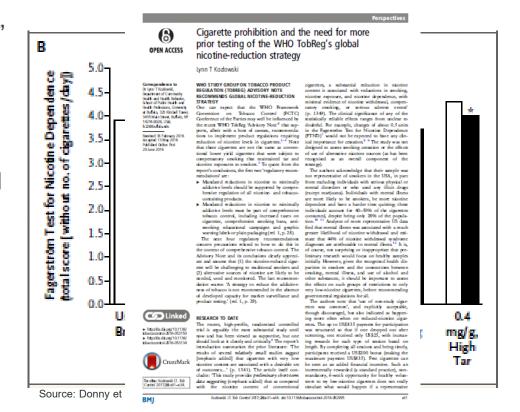






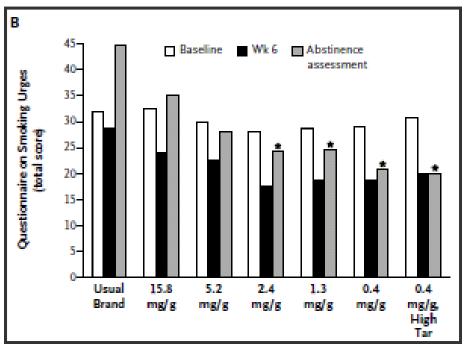
A Closer Look At Dependence Measures

- The authors report a "significant" difference between the lowest nicotine delivery cigarettes and the higher models.
- They do NOT assign any clinical relevance to these statistical differences.
- "[c]hanges of about 0.5 units in the [FTND] would not be expected to have any clinical importance for cessation."





A Closer Look At Withdrawal Measures

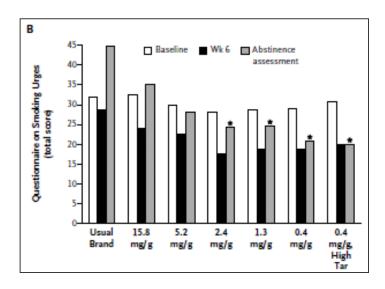


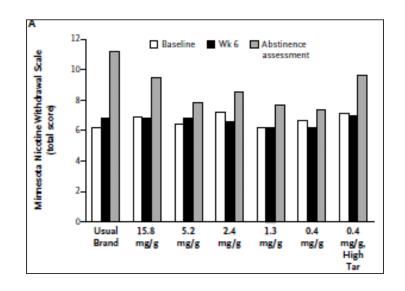
Source: Donny et al. 2015.

- QSU administered in relation to 15.8 mg nicotine/g research cigarette NOT Usual Brand
- Every single SPECTRUM® model is significantly different from participants' own brand

A Closer Look At Withdrawal Measures

- Typically, the QSU and MNWS co-vary
- No differences in MNWS were observed between research cigarettes









Analysis of Recent VLNC Cigarette Literature

This analysis
 demonstrates that, in
 most measures, across
 multiple studies 2.4
 mg/g is not different
 than 0.4 mg/g.

Source: ALCS Comments to FDA's ANPRM on Nicotine





Comments to the ANPRM Docket from Donny

- "Available data suggest that nicotine should be reduced to a maximum of 2.4 mg/g and that there are likely to be additional benefits to decreasing content to ≤0.4 mg/g."
- "Similarly, although most smokers cannot discriminate between cigarettes with 2.4 and 0.4 mg/g, some can, suggesting that reducing nicotine content to ≤0.4 mg/g may impact more smokers."
- "Reducing nicotine content to ≤0.4 mg/g of tobacco will likely maximize the net benefits to the population"
- "These data suggest additional benefits to public health for establishing a standard of ≤0.4 mg/g"
- "To minimize the likelihood of compensation...FDA should reduce nicotine as low as possible" Dr. Eric Donny

Department of Physiology & Pharmacology Social Science & Health Policy Wake Forest School of Medicine

Comments to FDA's ANPRM on Nicotine, July 13, 2018



FDA Minimizes Unintended Consequences

Compensation

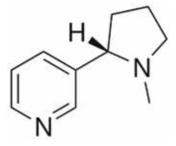
- "According to studies involving very low nicotine cigarettes ... researchers expect there would be little or no compensatory smoking."

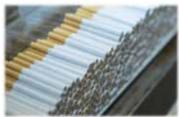
Source: Fed. Reg. Vol 83, No. 52/11829

- "FDA expects ... the nicotine level in cigarettes would be self-limiting (e.g., smokers would be unable to obtain their nicotine dose from cigarettes no matter how they smoke them) and eventually would stop trying to do so, making it easier for smokers to make more successful quit attempts..."

Source: Fed. Reg. Vol 83, No. 52/11824





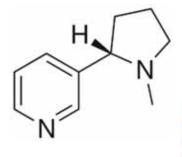




FDA Minimizes Unintended Consequences

- Consumer Impact
 - Will consumers believe VLNC cigarettes are safer?
 - What are the consequences of withdrawal effects on a population level?









ANPRM Suggests that the Agency Should Rely on "Best Available Science"

"Therefore, FDA hypothesizes that making cigarettes minimally addictive or nonaddictive, using the best available science to determine a level that is appropriate for the protection of the public health, would significantly reduce the morbidity and mortality caused by smoking."

Source: Fed. Reg. Vol 83, No. 52/11821





Best Available Science?

- Studies referenced in ANPRM are from a small group of researchers and none involve a nationally representative cohort of smokers
- Significant scientific gaps exist within these studies
- Full data sets and original protocols are unavailable to date
- No access to research cigarettes
- Dozens of clinical studies are currently being conducted



On What Science Should the Agency Rely?

- Weight of Evidence analysis of well-conducted studies by multiple stakeholders
- Analyses in real-world conditions
 - Illicit products
 - Availability of sensorially acceptable VLNC products
 - Long term effects
 - Nationally representative
- Studies using the continuum of risk and FDA framework in their design



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Policy On Which Everyone Can Agree

THOMAS J. MILLER





July 11, 2018

Food and Drug Administration 21 CPR Part 1190 Decides No. 7004–2007–66-8189 Advance nation of proposed rule making Tobaccos Product Standard for Microline Level of Combusted Cigarettes

We are responding to the request for examinent on the advanced notice of proposed nule-making (AMPSR) for a tobacco product standard for the nicetine level in combusted cigarettes¹. We wisloome the opportunity to growide advice a trib stage.

In the professional public health community, there is a wide range of views on the ments, practical viability, and likely commencement of introducing a rule to reduce nicotine levels in cigarettes, and possibly in other combustible tobacco products. Views range through a spectrum embracing:

- Pull endorsement for a rapid implementation of a tobacco product standard to reduce the nicetine level in eigenettes and in other combustible tobacco products²;
- A sequential approach, in which the full potential of alternative nicotine delivery systems is realized to prepare the ground first, and then a nicotine standard follows?:
- A nicetine standard should be held in reserve as an 'agency threat' to force the pace of reform in the tobacco/nicetine marketplace";
- A nicetine standard would be impractical and ultimately unnecessary, and a diversion from taking other more realistic measures?
- A nicetine standard would be excessively operative and based on a poor legal and political mandate. It would cause an active black market and have other unintended consequences."

It is not our purpose in this comment to resolve this debate over the appropriate strategy for a nicetive standard and we may infludivally take different positions on it. Reverset, we all give that there is one important requirement common one such of the perspectives above, that is the availability of low-rule sent-conductable alternative structures or nicetive products that are sufficiently satisfying alternatives for cigarettes that smallers who choose to continue to use nicetime would be willing to available to them.

The availability of atternative nicetine delivery systems (ANDS) is integral to a strategy of reducing nicetine levels in rigorettes by providing beneficial migration pathways for continuing nicetine users (1.8.2 above); necessary to maintain a credible threat to introduce such a rule (3 above); and required as an alternative strategy which random a reduced nicetine rule for cigarettes unnecessary

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- Letter from the AG of Iowa in response to the nicotine ANPRM
- Signed by the AG and 17 Public Health scientists – including Eric Donny
- Comments focus on the availability of alternative nicotine-containing products as a more appropriate means of achieving public health goals

